

<i>August</i>		<i>860-928-7459</i>		<i>12-4:00</i>
Monday	Tuesday	Wednesday	Thursday	Friday
2 Key Gym 10:00 a.m. Wii Bowling here Pomfret Food Pantry 5:30-6:30	3 Senior Association Meeting today 12:30 Food Pantry 11:30-12:30	4 Computer/Internet 12:30	5 Dominos Day Quilting Class - 12:30	6 Key Gym 10:00 a.m. On-Going
9 Wii bowling in Thomp Key Gym 10:00 a.m. Pomfret Food Pantry 5:30-6:30	10 Food Pantry 11:30-12:30 TAI CHI 1:00	11 Drawing Class 2:00 Woodstock Dairy Exhibit & Shops 1:00 register now Grange 7:30 Senior Center	12 BINGO for Fun 1:30 Arthritis Support Group 10:30	13 Key Gym 10:00 a.m. On-going
16 Wii Bowling - here Food Pantry 5:30 - 6:30 Key Gym 10:00 a.m.	17 Food Pantry 11:30-12:30 TAI CHI 1:00	18 Movie-Shall We Dance 1:30	19 Dominoes Day Quilting Class 12:30	20 Key Gym 10:00 a.m. On-going
23 Wii Bowling Thomp. Pomfret Food Pantry 5:30-6:30 Key Gym 10:00 a.m. Blood Pressure 1:00	24 Food Pantry 11:30-12:30 TAI CHI 1:00	25 Drawing Class 2-3:30 Grange Meeting 6:30	26 Bingo for Fun 1:30	27 Key Gym 10:00 a.m. Book Club will be back in September
30 Will Bowling - here Food Pantry 5:30 - 6:30 Key Gym 10:00 a.m.	31 Food Pantry 11:30 - 12:30 TAI CHI 1:00	Healthy Living Expo and Art Show November 2, 2010 at Ellis Technical School Pomfret Senior Center Spaghetti Dinner August 21, 2010 4:30 - 6:30 p.m. Plant Swap in September and Positively Pomfret Day September 25th Senior Association Meeting - September 7, 2010		
<b>Your Senior Center is Air Conditioned - stop by for a break from the heat.</b>				