

*The Pomfret Senior Center  
At Wolf Den Grange #61  
207 Mashamoquet Road  
P O Box 286  
Pomfret Center, CT 06259*

*Web: Pomfretct.org  
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860-928-7459*

# Calendar of Events

Enclosed you will find a calendar of events for the Month of December at the Senior Center, 207 Mashamoquet Road (Route 44), Pomfret Center, 860-928-7459. Hours open from 12:00 – 4:00 Monday thru Friday. **On-going Programs** are 1) Billiards at Seely-Brown 9-12:00 Monday thru Thursday and Friday from 12:30 – 3:00. Rules will be distributed upon registration. 2) Dartball at the Senior Center 12-4:00 in the basement. Softball type throwing. 3) Key Gym use on Monday and Friday from 10:00 till ? 4) There is exercise class at Seely-Brown Village on Monday and Wednesday at 3:00 p.m. \$2.00 per class. Call Betty for more information and to register. 4) Knitting and Crocheting with the “Knitwits” daily. 5) Blood Pressure Clinic for ALL ages on the fourth Monday of each month. 6) The Book Club will meet at the Abington Library on in January at 1:30, 7) Bow making and card making is on-going, 8) Wednesday movies. 9) Stew and Story 12:00, 10) The Store, 11) Arthritis Support Group 2<sup>nd</sup> Thursday of the Month from 10:30 – 11:30 a.m., 12) Wii bowling league, and 13) The Pomfret Food Pantry is open Mondays 5:30 – 6:30 and Tuesdays 11:30 – 12:30 for all ages.

WE'RE BACK!! Home Again, Home Again, Jiggidy jig. Come see our new center.

Get ready for Christmas and birthdays, etc. Make Snowman earrings in Bead Class on Thursday, December 3 at 1:00. They are sterling silver and \$5.00 per set. Make more than one set. Register Early. Make your own Christmas Cards on Monday, December 7 at 1:00 - \$5.00 for the class. On Friday, December 11, learn to make the gift boxes for your gifts at 1:00 – free. You will need to bring old greeting cards, calendars and sharp scissors. Make a fun Christmas Decoration on Monday the 21<sup>st</sup>. You will need a crochet hook size g or h, white, green, or red yarn and small bells, balls, or other decorations to hang in the center of each ring.

*The Pomfret Food Pantry is open on Mondays from 5:30 – 6:30 p.m. and Tuesdays from 11:30 – 12:30 a.m. Please see the calendar to make sure of the dates. Everyone who needs emergency food is welcome and proper ID is required. There are no age limits and families are welcome. Please note the local drop off boxes in your public buildings.*

*Windham County Interchurch Fellowship Dartball League has Monday night games through March at 542 Hampton Road at 8:00 p.m. All men are welcome.*

**Did you know that Head Start serves Pomfret? For more information call Alison at 779-0410.**

*AARP needs volunteers to do income taxes in 2010. Call Betty at 974-1476.*

*Cookbooks are on sale for \$7.50 donation. They make great Christmas Gifts*

There are many services provided through your Pomfret Senior Center. Here is a partial list – The new Food Pantry, recreational activities, volunteer opportunities through RSVP and the Center, Information and referral services for Medicare, Medicaid, Social Security, Insurance, Health screening, free legal and financial counseling, Arthritis Support Group, ConnPace, Renter's Rebate, ATT telephone discount, Farmer's Market Coupons, Transportation, Energy Assistance, Fuel Assistance, access to Senior Resources & Choices Counseling and we also have TEEG to help with programs that are needed. Our goal is to help our Seniors, Caregivers and Families in need of assistance. We ALL have paid for these services with our past endeavors and by simply paying taxes and our bills all our lives.

*The Pomfret Senior Association is accepting new members and member renewals. The dues are \$5.00 a year.*

There are no membership costs for you to come to YOUR center. YOU need to come and support our efforts. Drop by and see our sign for all our events. Thank you for your generous contributions to the store and of your time. Thank you.

*The KNITWITS are making winter hats, mittens and scarfs for winter distribution. Thank you to everyone.*

The Book Club will be meeting at the Abington Social Library at 1:30 on in January 2010 – Enjoy a Christmas break.

If you need information about the available programs from the Federal Government, State Government and Town Government go on line to [www.seniorresourcesec.org](http://www.seniorresourcesec.org)

*Quote* - Counsel woven into the fabric of real life is wisdom. [Walter Benjamin](#)

In most cases the center is open daily from 12 – 4:00. “Do Drop In” is the way we operate. PICK UP THE CALENDARS AT THE LIBRARIES AND POST OFFICES.

The Calendar will be published in the Pomfret Times. If you would like them emailed to you, send your address to me at [betty@pomfretct.org](mailto:betty@pomfretct.org).

December 2009 Calendar for the Pomfret Times and newspapers.

ONGOING - Billards 9-12:00  
Key Gym 10:00 a.m.  
Exercise Class at Seely-Brown Mon&Wed. \$2.00  
DARTBALL 12-4:00  
The Store 12-4:00  
KNITWITS 12-4:00  
Bow making and Card making 12-4:00  
Blood Pressure Screening 4<sup>th</sup> Monday 1:00  
Pomfret Pantry Mon. 5:30 – 6:30 pm.  
& Tues. 11:30 – 12:30

December 1, Pomfret Seniors Association Anniversary Chicken Pot Pie 12:00

December 2, Movie - 1:30

December 3, Bead Class – Sterling Silver Snowman earrings \$5.00 per pair (make as many as you like, 1:00 Register early

December 4, On-going  
Key Gym 10:00 a.m.

December 7, Key Gym 10:00 a.m.  
Christmas Card – making 1:00 \$5.00  
Food Pantry 5:30 – 6:30  
Dartball 8:00

December 8, Stew and Story 12:00 Clam Chowder  
Pomfret Food Pantry 11:30 – 12:30

December 9, Movie – 1:30  
Grange Meeting 7:30 Senior Center

December 10, Bingo for Fun 1:30  
Arthritis Support Group 10:30 – 11:30

December 11, Key Gym 10:00 a.m.  
On-going  
Gift Box making, bring old cards, calendar, etc. Oragami. 1:30

December 14, Key Gym 10:00 a.m.  
On-going  
Pomfret Food Pantry 5:30 – 6:30 pm.  
Dartball 8:00 p.m.

December 15, On-going  
Food Pantry 11:30 – 12:30

December 16, Movie – 1:30

December 17, On-going

December 18, Key Gym 10:00 a.m.  
On-going  
MS Support Group at DKH 7:00 p.m.

December 21, Key Gym 10:00 a.m.  
Pomfret Food Pantry 5:30 – 6:30 pm.  
Dartball 8:00 p.m.

December 22, On-going  
Pomfret Food Pantry 11:30 – 12:30

December 23, Movie – 1:30  
Grange Entertainment 6:30 Senior Center

December 24, Bingo for Fun 1:30

December 25, Center Closed – Merry Christmas to you and your family. Remember the true gift of Christmas.

December 28 Key Gym 10:00 a.m.  
Pomfret Food Pantry 5:30 – 6:30 pm.  
Blood Pressure 1:00  
Dartball 8:00 pm.

December 29, On-going  
Pomfret Food Pantry 11:30 – 12:30

December 30. Movie 1:30

December 31, On-going New Year's Eve 2009

January 1, Center Closed – Happy New Year 2010  
Have a Save and Happy New Year Everyone

PLEASE MAKE SURE THE FOLLOWING IS ON THE CALENDAR SOMEWHERE  
(top or bottom area)

January 5 – Senior Association Meeting 12:00 Pomfret Food Pantry is open – See  
calendar for dates.